

Wheeling High School Summer Athletic Camps 2023

[Click here for online camp registration](#)



PLEASE NOTE: WHEELING HIGH SCHOOL WILL BE UNDER CONSTRUCTION THIS SUMMER SO MANY OF THE CAMPS WILL BE HELD AT OTHER D214 HIGH SCHOOLS OR LOCATIONS. PLEASE MAKE SURE THAT YOU TAKE NOTE OF WHERE THE CAMP IS LOCATED PRIOR TO REGISTERING.

Participant Eligibility

- High school students who currently attend or will attend Wheeling High School in the Fall of 2023
- Students in grade levels* K-8th who reside in Township High School District 214

****Grade level is defined as the grade the student will enter in the Fall of 2023 and is designated in the title or description of each camp.***

Camp Dates

- Session 1: June 12-30, 2023 (***No camp on Monday, June 19th in observation of National Freedom Day***)
- Session 2: July 10-28, 2023

Tuition & Fees

- Registration fee per camp (**nonrefundable**): \$25.00
- Administration fee: \$3.00
- Camp Tuition (**refundable**)
- Additional fees may be charged based on the camp needs (eg. t-shirt fee, league fee etc.).

Please note a t-shirt (if applicable) is not guaranteed if registering late.

Registration

- Opens **Wednesday, March 1, 2023**
- Parents/Students can register online with a credit card. Credit cards that are accepted are Visa, Mastercard, and Discover.
- Parents/Students who choose to register in person must do so before the last day of school on June 2nd in our Athletic office. If you need to register after that day, we will post on our website times & locations where to come register.

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Fee Waiver:

Only students who participate in the D214 free and reduced lunch program are eligible for waiver of camp tuition.

Only the camp tuition fee is waived. All participants are responsible for paying the registration, administration and any applicable additional fees.

Refunds

If payment was made with a credit card the refund will be put immediately back onto the card that was used for payment. If payment was made with a cash or check the participant will receive a refund via check. ***Please note that check refunds could take up to 30 days to receive.***

Reasons for refunds are as follows;

- If camp is canceled by District 214 all tuition and fees are refunded.
- If a participant is medically unable to participate a refund will be issued upon presentation of a signed doctor's note. The refund is prorated (by contact hour) based upon the date of the doctor's note.
- No refund after the passage of half of the scheduled camp time.
- No refund for sessions canceled or time lost due to inclement weather.

Insurance

Students are responsible for their own insurance coverage. If a participating student is injured, the incident should be reported to the head coach/sponsor and trainer (if applicable).

Cancellations due to Weather

The District 214 heat/humidity and lightening guidelines will be strictly enforced and followed. Sessions canceled due to inclement weather will not be rescheduled. Programs will directly communicate these cancellation notices.

Transportation

Students are responsible for their own transportation. There is no bus service. (We might have transportation from Wheeling to BG, Wheeling to Hersey, Wheeling to Prospect & Wheeling to Heritage Park District.

For More Information Contact

Norma Rothers at 847-718-7020 or email norma.rothers@d214.org.

Wheeling High School Summer Athletic Camps 2023

BOYS CAMPS

BASEBALL

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23040011	5-8	6/20-6/28	M/T/W/Th	11:30am-1:00pm	\$79	K. Reinhart	Heritage Park-Turf Fields
23040012	9-12	6/12-6/27	M/T/W/Th	11:00-4:00pm	\$251	J. Wieder	Heritage Park-Turf Fields

Camp emphasis will be on fundamentals and their use in actual games. **Camp 22040012 is a combo of both camp & IHSBCA Summer Tournament.**

BOYS BASKETBALL

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23041011	9-12	6/12-6/29	M/T/W/Th	2:00-4:00pm	\$123	T. Antosz	Buffalo Grove HS - Gym/FH
*23041012	5-8	6/12-6/29	M/T/W/Th	11:00-1:00pm	\$123	T. Antosz & E. Christell	Holmes Middle School - Gym

*23041012 - IS A BOYS & GIRLS CAMP

The camp emphasizes the fundamentals of the game as well as developing individual skills and team concepts.

BOYS FRESHMAN FOOTBALL

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23042023	9th	7/10-7/27	M/Tu/W/Th	1:30-4:00pm	\$151	C. Kurinec	Buffalo Grove HS - North Shelf

Coaches of the program will provide a safe learning environment in which players learn important life skills such as teamwork, leadership skills, and work ethic.

BOYS VARSITY FOOTBALL

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23042011	10-12	6/12-6/29	M/Tu/W/Th	4:00-6:30pm	\$142	P. Panagakis	Buffalo Grove HS - N&S Stadium
23042022	10-12	7/10-7/27	M/Tu/W/Th	1:30-4:00pm	\$151	P. Panagakis	Buffalo Grove HS - N&S Stadium

High school football summer camp includes practice/camp time, film study, culture school regarding our program, and a strength and conditioning program. Necessary equipment will be provided for the camp. Coaches of the program will provide a safe learning environment in which players learn important life skills such as work ethic, teamwork, and leadership skills.

BOYS GOLF

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23042521	7-12	7/10-7/13	M/T/W/Th	8:30-10:00am	\$69	D. Urban	DesPlaines Golf Center

23042521 - This camp is designed for Beginners & experienced golfers, we encourage anyone interested in golf to come out and try the camp. The boys will learn team philosophies and drills. No make-ups for days that are canceled due to weather. If the location of the camp changes we will notify you.

WRESTLING

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23049011	7-12	6/12-6/29	M/T/W/Th	10:30-12:00pm	\$94	C. Curran	Prospect HS - Wrestling Room

Camp is designed to build individual skills through a variety of instructional strategies and conditioning.

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GIRLS CAMPS

GIRLS BADMINTON

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23040511	8-12	6/12-6/23	M/T/W/Th	4-6:00pm	\$103	A. Juszczuk	Buffalo Grove HS - Gym & FH

This camp is tailored to meet every level of badminton player. Through a combination of drills, instructions, and match play, the goal of this camp is to prepare and further the career of future and existing badminton players. Coaching will be according to the players ability level. Badminton racquets will be available.

GIRLS BASKETBALL

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23041111	8-12	6/12-6/29	M/T/W/Th	1-3:00pm	\$123	E. Christell	Hersey HS - FH
*23041012	5-8	6/12-6/29	M/T/W/Th	11:00-1:00pm	\$123	T. Antosz &	Holmes Middle School - Gym
*23041012	- IS A BOYS & GIRLS CAMP					E. Christell	

The camp emphasizes the fundamentals of the game as well as developing individual skills and team concepts.

GIRLS DANCE (POMS) TEAM - INVITE ONLY

****Please note that this dance camp is ONLY open to athletes who have made the 2023-2024 Dance Program****

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23043211	INVITE ONLY	6/20-6/22	T/W/Th	9:00-12:00pm	\$79	M. Leane	Hersey HS - Dance Room
23043212	INVITE ONLY	6/26-6/29	M/T/W/Th	9:00-12:00pm	\$89	M. Leane	Hersey HS - Dance Room

Dance Team: focuses on sport-specific skills of jumps, leaps, turns, conditioning, choreography, and teambuilding. Dancers will receive instruction from WHS Coaching staff and outside choreographers.

GIRLS GYMNASTICS

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23043111	9-12	6/12-6/29	M/T/W/Th	9:00-11:00am	\$123	J. Share	Buffalo Grove HS - Gym Balcony
23043121	9-12	7/10-7/27	M/T/W/Th	9:00-11:00am	\$140	J. Share	Buffalo Grove HS - Gym Balcony

Our coaching staff will coach according to your daughter's ability level. The gymnast will work floor, vault, bars, and beam equipment along with strength and flexibility.

GIRLS LACROSSE

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23043711	6-12	6/20-6/29	M/T/W/Th	10-12:00am	\$96	J. Stransky	Buffalo Grove HS - Stadium

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CO-ED CAMPS

BOYS & GIRLS CROSS COUNTRY

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Meet at</u>
23041511	6-12	6/12-6/29	M/T/W/Th	7:00-9:00am	\$123	T. Polak & Alex Brown	Heritage Park-Pavillion
23041521	6-12	7/10-7/27	M/T/W/Th	7:00-9:00am	\$130	T. Polak & Alex Brown	Heritage Park-Pavillion

This camp is designed to build endurance and learn proper training techniques.

CO-ED BASKETBALL 5-8TH GRADE

23041012	5-8	6/12-6/29	M/T/W/Th	11:00-1:00pm	\$86	T. Antosz & E. Christell	Holmes Middle School - Gym
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BOYS & GIRLS HS CAMPS LISTED SEPARATELY

BOYS & GIRLS SOCCER

<u>Code</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23044011	8-12	6/12-6/29	M/T/W/Th	7:45-9:45am	\$123	K. Lennon	Heritage Park - Turf Field

This camp will prepare players through cardiovascular, core strengthening, and soccer training. Point of emphasis will be the development of individual skills. Please wear cleats, shin guards, and bring water.

CO-ED TENNIS

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23047011	9-12	6/12-6/29	M/T/W/Th	8:30-10:30am	\$130	P. Singh	Buffalo Grove Tennis Courts

CO-ED VOLLEYBALL

<u>Code#</u>	<u>Grades</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Fee</u>	<u>Head Coach</u>	<u>Location</u>
23048121	8-12	7/11-7/27	M/T/W/Th	11-1:00pm	\$130	J. Kopkowski	Buffalo Grove HS - Gym

The camp emphasizes the fundamentals of the game as well as developing individual skills and team concepts.